

Le emozioni:

Accettazione di sé e solitudine



In che modo le emozioni posso sorgere? e come possiamo affrontarle o esprimerle?

Loneliness & solitude - Theater



Introduction

theater is a form of art where you can express your emotions, starting from the most explicit and innate to the most intimate ones. In a way that reaches the audience directly.



Is there any play or author that talks about this?



The author

One of Luigi Pirandello's beliefs was that life was nothing but theatre since each of us in real life wears social masks that adapt to the various environments in which we approach our lives. In total, Pirandello wrote 43 plays.



The play

6 characters in search of an author



what does the play talks about?

This play portrays two characters who show up at a theater believing themselves to be unfinished creatures, that need an author to help them. It is a drama that, through the paradox of characters searching for an author to complete themselves, talks about theme such as the perception of reality, which is different for each person. And their own identity, which they lose, thus finding themselves alone between their own inner life and how it is perceived by the others.



Self acceptance- theater



Molière

"You may have a hundred good qualities, people will always look at you from the worst side"



who's molière

He was a playwright, actor, dramatist and one of the main exponents of french classical theatre. Known for his satirical comedies that often critique social, religious and political norms of his time.



Self-acceptance

The Imaginary Invalid is one of Molière's most famous comedies that deals with the theme of the absurdity of hypochondria and acceptance. I



The imaginary invalid

In this comedy the protagonist is a hypochondriac who cannot accept his physical and mental condition. But he still manages to resolve the problem thanks to the help of his maid. The internal struggle that this character has is a metaphor for the difficulties related to accepting oneself, one's own condition and how the help of others is important.



" Accepting oneself also means recognizing and embracing one's mistakes or failures, without allowing them to define us, but rather using them as learning experiences."

